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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Thursday, January 23, 2025

Soul-trap Theory

As I write this, I wanted to dispel the theory of the Soul-trap / Re-incarnation trap that seems to be spread across social media. In 2024, I first came across this theory, and even read a book on it. This was never thought about in my Ascension journey, but I am sure you all have questions about it, so I wanted to discuss it. This is my perspective.

Bottom line, discernment is needed to escape all illusion. What resonates with Love is truth, what resonates with fear is illusion. The Soul-trap / Re-incarnation trap is illusion. The further from God consciousness/awareness you are, then the more illusion that prevails. This is due to Free Will choice that is specific to humans of the physical world. Every being has Free Will to choose Love, or to choose fear.

To free yourself from Soul-trap illusion (also called False Light and Imposters of the Astral Plane), I recommend the following advice. Release attachments (desires) for the material world. The material world is a place for physical experience for Spirit, but it is not the only dimension of existence. Once you connect to Monad level, you will eventually only have the desire for God, nothing else. You will want to share the desire for God with others, to help them awaken to their Soul, and also help them connect to God.

For those that choose fear, the Soul-trap / Re-incarnation trap is quite real. There are areas of the astral plane and mental plane that contain pockets of fear and illusion. Up through the mental plane (mind), there are lower beings that feed off of energies of fear. Also in the lower mental plane there is a matrix of mind control that programs human minds to be fearful. News and social media are some of these tools. Movies and music are also tools. So be very careful what you consume, because that is what you become in vibration. It is all Free Will choice. Do you want to remain in the matrix (fear/duality), or to transcend the matrix (Love/Unity)?

The lower astral and lower mental beings are called Archons in the theories. Basically, they feed off of planetary miasma (suffering, trauma, addictions), and use humans that are influenced by their shadow-pain bodies as batteries, and then keep humans in a hopeless state. Once the humans pass from the physical world, they are pulled by the gravity of their unresolved traumas to reincarnate in order to heal the trauma. If a human remains with unresolved traumas, and does not connect with Christ Consciousness, such as doing shadow work, following the Golden Rule (Law of One), and does not commit to Service to Others, they do not connect to their Soul, and remain in the reach of the Soul-trap theory.

However, once a human awakens to their Soul, they bring in a Love vibration that transcends all fear. The Soul is also the observer consciousness, the connection into Zero Point God consciousness, and this brings in discernment, which overcomes all illusion. As an embodied Soul, there is small a chance of needing to reincarnate to resolve shadows that are not cleared, but once the Oversoul becomes embodied (connection to the Monad), the human becomes a Christ on Earth, and literally is freed from all need to incarnate. This is called the Ascension (or Harvest in the Law of One teachings).

In 2006-2008, I first connected with the Soul, and transcended the illusion of the Soul-trap. I began transcending the astral and mental planes, through strong desire to find the Soul, through exploration of Love and Wisdom, which connected to the reality of the Soul. In 2009, I merged with my Soul in a mystical experience, and literally transcended the Soul-trap at that time. However, humans that exist without Soul-

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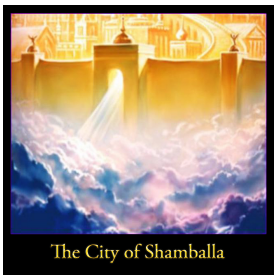

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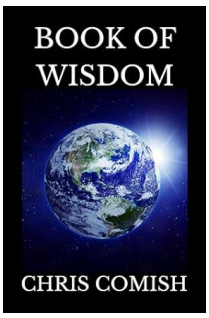

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connection are still under the influence of the Soul-trap. That is why it is important to enter the heart and transcend the mind. Once the mind is transcended, then illusion is transcended.

Love is the key to remove all illusion. Love is Truth. Stay focused on Love, and you stay focused on God which transcends all separation. Discern all reality for Love. If there is no Love, then it is illusion.

Ascension glossary came up with a map called Consciousness Corridor, which maps the phases of consciousness. Human ego personality is subject to being caught in the Soul trap, but once the Soul is embodied on Earth through an open heart, the Soul-trap illusion is transcended.

Basically in human physical life there are three levels of consciousness: Personality matrix, then Soul matrix, then Monadic matrix. The Personality matrix is having a separate body, emotions and mind. The Soul matrix is your life purpose and first connection to Spirit. The Soul matrix is the realization that "I am a Spirit having a human experience." You can call the Soul matrix "Awakening."

The Monadic matrix is becoming Christ on Earth, which is full connection to Spirit. You can call the Monadic matrix "Ascension." In 2022, I connected to my Monad (my Ascension or enlightenment), and started to become a Christ on Earth. This is embodying Christ Consciousness. When people talk about the I AM or I AM THAT, they are talking about the Soul. When people are talking about I AM THAT I AM or I AM Presence, they are talking about the Monad.

The Higher Self is the Soul first, then the Higher Self becomes the Monad next. The Higher Self is the greater fractal of you that exists on the Causal plane for the Soul, or on the Monadic plane for the Monad. The levels above mind- Causal (5D lower), Buddhic (5D higher), Atmic (5D highest), Monadic (6D) and Logoic (7D) are all levels that transcend the Soul-trap. As mentioned before, the Soul-trap theory is only valid in the mental plane (3D/4D), when a person does not have connection with their Soul (5D).

Reincarnation is still a possibility in "Awakening" stages (Soul matrix- this depends on the amount of Soul embodiment), but no longer necessary at "Ascension" stages (Monadic matrix). Reincarnation is literally being pulled by gravity to the material plane, but if you manifest Christ Consciousness on Earth (Monadic plane), through removing all desire and attachment to the material world (release all desire except to desire God), reincarnation becomes unnecessary because your center of gravity is at the spiritual planes (Causal plane and higher), and you can move to higher evolution. Center the consciousness in God/Spirit, and you become free.

This is the link to the map of the Consciousness Corridor. Notice the progression from most negative beings, to human unawareness (human default setting), to most positive spiritual beings (awakened/ascended beings).

https://ascensionglossary.com/index.php/Cosmic_Law_Evolution_Edict

I also recommend reading about Stations of Identity, to understand the different levels of fractals of consciousness, that exist from human to God.

https://ascensionglossary.com/index.php/Stations_of_Identity

Much love and blessings to all of you. May God's Love always guide you on your Ascension path.

- January 23, 2025

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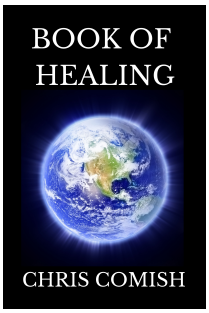

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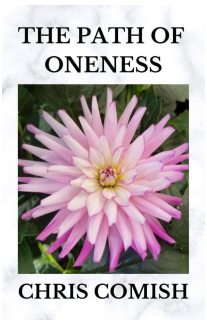

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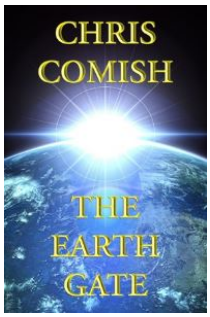

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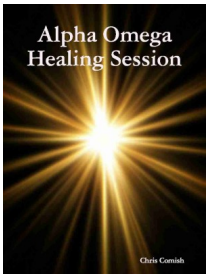

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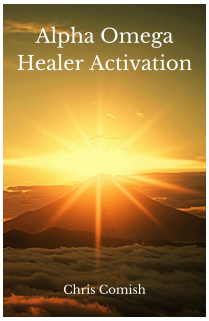

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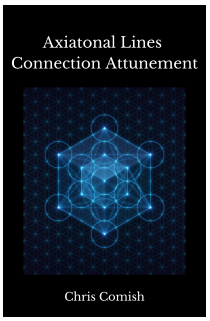

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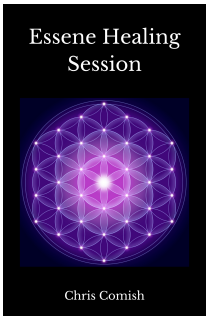

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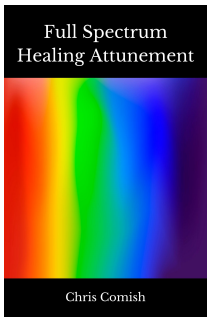

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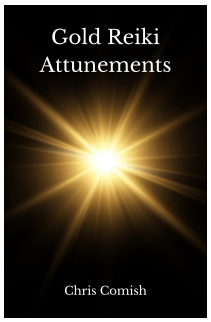

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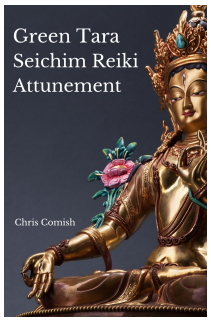

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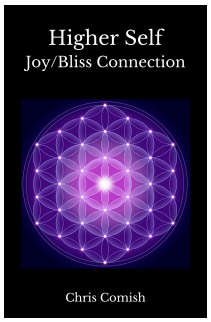

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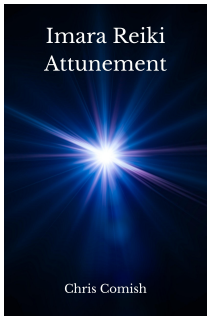

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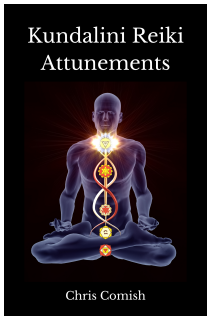

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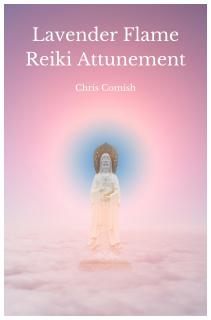

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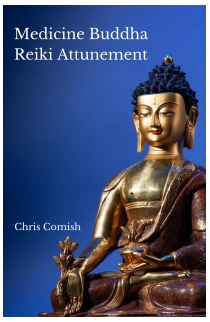

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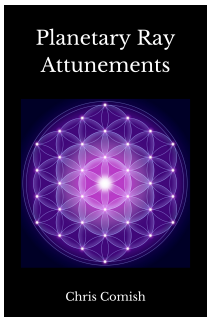

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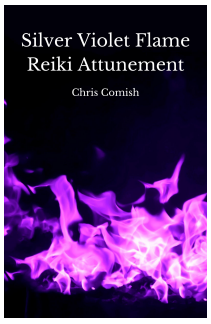

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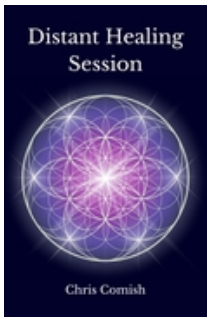

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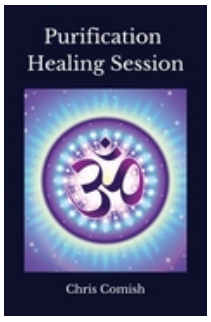

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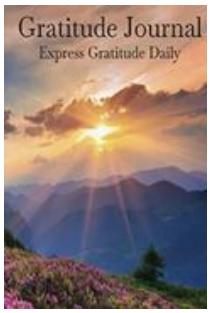

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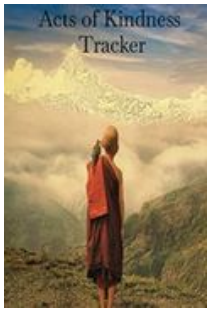

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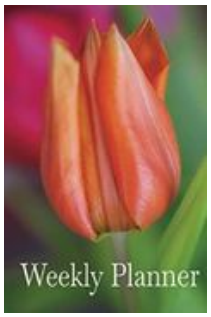

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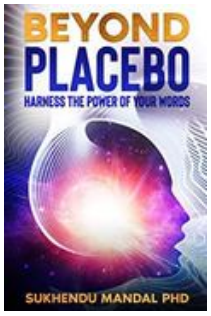

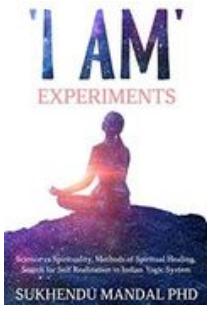

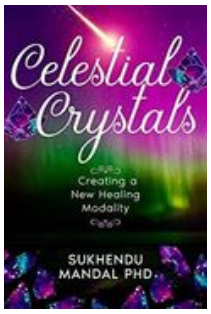

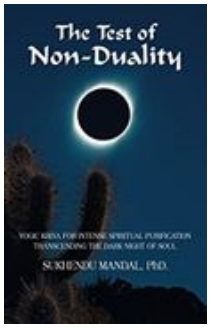

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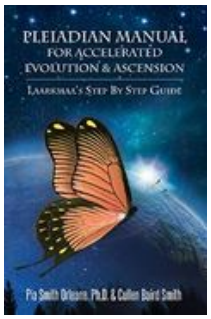

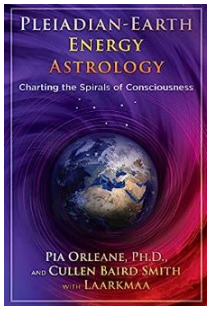
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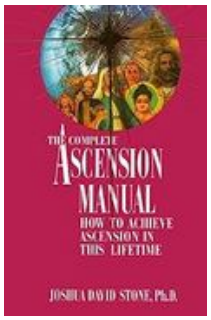
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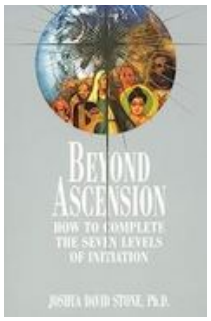
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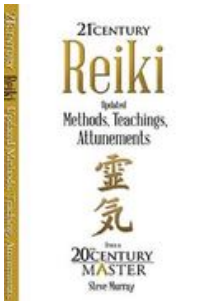
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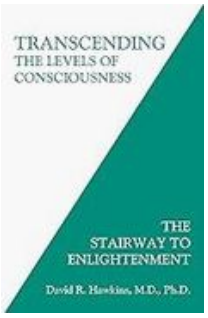
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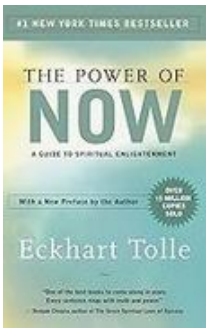
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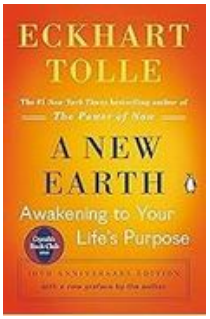
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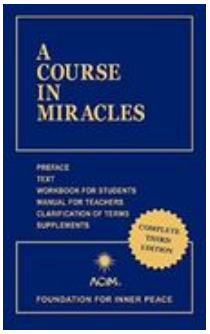
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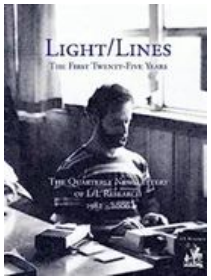
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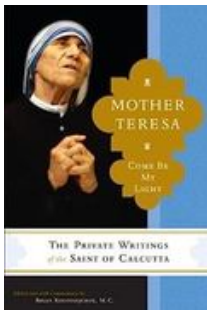
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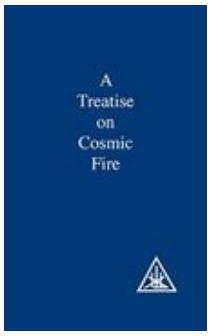
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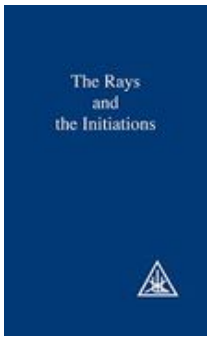
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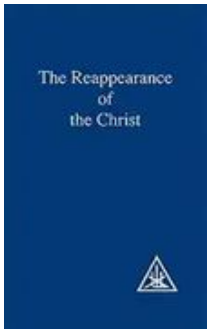
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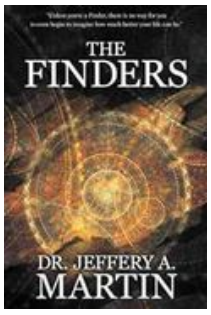
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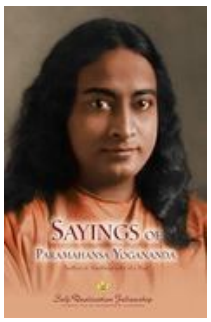
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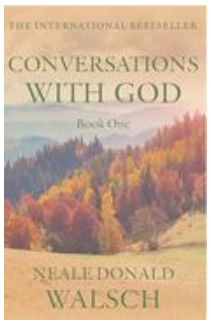
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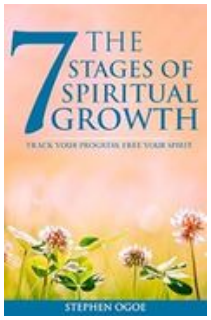
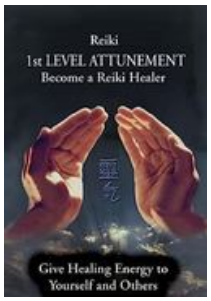
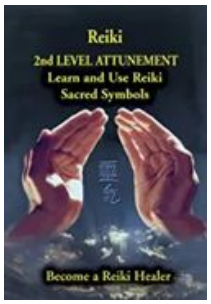
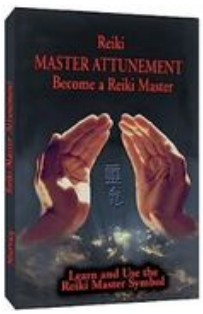
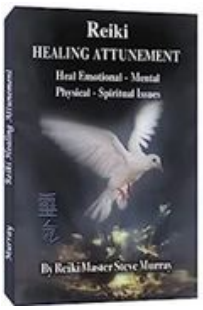


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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- Solstice Transmission with Anrita Melchizedek
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